



ROTARY YOUTH LEADERSHIP AWARDS

KIT LIST



This is an idea of appropriate clothing to take on the District 1070 RYLA Course; remember the activities that will take place and use your own imagination!

General

- At least four sets of outdoor clothing including shirts, jumpers, trousers, underwear, socks and shoes.
- The ability to keep warm is important even in midsummer in lowland Britain.
- It is always possible to take off clothing to cool down.
- Shorts t-shirts are useful in case the sun does shine.
- Waterproofs.
- At least two towels and toiletries.
- Sunscreen and insect repellent.

For Water Sports

- Outdoor clothing that you can get wet (tracksuits etc.)
- Soft shoes which you can get wet are needed for all water activities.

For the Expedition

- A pair of walking boots/shoes, a sleeping bag and a rucksack.
- A basic first aid kit, a torch and water bottle.
- When eating you will need an unbreakable plate, mug and cutlery.

For Presentations to Assessors etc.

- Smart business like outfit (may also use this for the Formal Dinner).

For the evenings

- Comfortable change of casual clothes.

For the Formal Dinner

- Gentlemen will need a smart suit and ladies a smart dress/outfit.

Note:

- There is storage space in all rooms for clothing and adequate drying facilities for wet clothing.
- Specialist equipment for water sports or other activities will be provided.